Menasha Senior Center November 2008

Monday	Tuesday	Wednesday	Thursday	Friday
The hours when the mind is absorbed by beauty are the only hours when we really live. Richard Jefferies				
3 9:30 Line Dancing 9:00 Computer class 11:30 Meals 12:30 Scrabble 1:00 Men's cards	Presidential **Election** 4 11:00 Meals **NO** other activities **NO** Blood Pressure ck	9:30 Line Dancing 5 10:15-11 Chair exercise 11:00 *You Can Do It* 11:30 Meals 12:30 TexasHold'em 12:30 Shuffleboard 1:00 VNA Footcare 10:45 SHARE Program Present.	6 10:00 **Medicare** 11:30 Meals 12:30 Cribbage 1:00 Bridge 1:00 **Sterling House** BINGO	7 9:30-10:30 **Dance Exercise** 11:30 Meals 12:00 Quilting 12:30 Canasta 1:00 **Xmas Trees** 2:00 Line dancing
9:00 Computer class 13 9:30 Line Dancing 10:30am **Nutro** Bingo 11:30 Meals 12:30 **Card making class** 1:00 Men's cards	10-11:00 *Musicals* 11 ~~10:30 **Agility Exercise**~~ 11:30 Meals 1:00 **Medicare** 1:15-3:00**Blood Pressure ck** 1:00 **MSC** Bingo	9:30 Line Dancing 12 10:15-11 Chair exercise 11:00 *You Can Do It* 11:30 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	13 8:15 CA meeting 8:30 PC meeting 10:00 **Medicare Advantage** 11:30 Meals 12:30 Cribbage 1:00 Bridge	14 9:30-10:30 **Dance Exercise** 11:30 Meals 12:00 Quilting 12:30 Canasta 2:00 Line dancing
9:00 Computer class 17 9:30 Line Dancing 11:30 Meals 12:30 Scrabble 1:00 Men's cards 1:00 **Xmas Trees**	18 10:00 *Musicals* 10:30 **Agility Exercise** 11:30 Meals ~~1:00 **MSC** Bingo~~ ~~1:15-3:00**Blood Pressure ck**~~	9:30 Line Dancing 19 10:15-11 Chair exercise 11:00 *You Can Do It* 11:30 Meals 12:30 Texas Hold'em 12:30 Shuffleboard 2:00 TRIAD	20 8:30 Oil Painting 11:30 Meals 12:30 Cribbage 1:00 Bridge 1:00 VNA Footcare	21 9:30-10:30 **Dance Exercise** 10-11:00 Urine Screening 11:30 Meals 12:00 Quilting 12:30 Canasta 2:00 Line dancing
24 9:00 Computer class 9:30 Line Dancing 11:30 Meals 1:00 Men's cards 2:00-4:00 **Holiday Tea**	9:00 Newsletter Assemb 25 10:00 *Musicals* ~~10:30 Agility Exercise~~ 11:30 Meals 10:30-12n **Blood Pressure** 1:00 **Medicare Advantage** 1:00 **MSC** Bingo	9:30 Line Dancing 26 10:15-11 Chair exercise 11:00 *You Can Do It* 11:30 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	27 Thanksgiving Holiday **CLOSED**	28 Happy Thanksgiving **CLOSED**