



City of Menasha
Committee on Aging
Menasha Senior Center
MINUTES
September 11, 2008

CALL TO ORDER

8:16am

ROLL CALL

Present.: Sylvia Bull, Lee Murphy, Bob Jankowski, Joyce Klundt, Mary Lueke, Sue Steffen, Sue Nett. Excused: Jean Wollerman, Roy Rogers

APPROVE MINUTES

August 14, 2008, minutes.

Motion by S. Steffen, seconded by M. Lueke to approve August minutes.

Passed

REPORTS

A. Commission on Aging

The program for this month was the Winnebago County Grandparents Raising Grandchildren with Chris Kniep and Joyce Helz. A grandparent attended also and told her story.

B. Financial Report

Complete budget figures not available; individual department category figures are listed.

C. Supervisor's report

Knitting/Crocheting group- S. Bull is working with Lisa Wood, Menasha resident and mother of grade school girls, to begin an intergenerational knitting/crocheting group – for girls and boys and seniors – to get together to socialize and also teach others this art form.

Winnebago Co. Senior half day conference, called All Grown up and Staying Young. It will be held on Saturday, Sept. 20. MSC will have a booth there.

Discussion

A. Fox Speaks Toastmaster Rental – The representative from Fox Speaks was not present. S. Bull will contact her to understand her situation and possibly schedule her for the October meeting.

B. Community event flyers in Senior Chatter – There was insufficient time to discuss this subject. It will be placed on the October agenda.

D. Gold's Gym offer – Jamie Nelson, owner, and Christine Stempleski, Gold's Fitness Coordinator, attended the meeting to explain their interest in and offer to the Menasha Senior Center. Jamie explained what Gold's Gym does/is and then their objective: Older adult health and wellbeing outreach within the Menasha community. Bottom line was that they want to work with MSC and its seniors and offer, in most anyway possible, access to Gold's Gym's expertise and knowledge of fitness and wellbeing – with no intent to profit themselves. Christine met earlier in the week with Sylvia to discuss ideas. Among them were fitness demos, seminars, weekly stretching exercise classes, lunch 'n learns, VIP treatment at the gym on a trip. Sylvia and Val Davis, Menasha's 60+ Nurse, will meet with Christine to discuss options.

Committee on Aging members commented favorably to this presentation and expect S. Bull to meet with Christine along with Val Davis, 60+ nurse with the Menasha Health Dept.

HELD OVER BUSINESS

A. Accreditation – A date has been set for the next accreditation meeting.

B. Collaboration with Menasha Library – to be discussed at the next meeting.

ADJOURNMENT

Motion made by B. Jankowski, seconded by L. Murphy to adjourn at 9:30am
Passed

Next Meeting: Thursday, October 9, 2008
Call 967-3530 if you can not attend

"Menasha is committed to its diverse population. Our Non-English speaking population or those with disabilities are invited to contact the Menasha Senior Center at 967-3530 24 hours in advance of the meeting so special accommodations can be made."

MENASHA ALDERMEN OCCASIONALLY ATTEND MEETINGS OF THIS BODY. IT IS POSSIBLE THAT A QUORUM OF COMMON COUNCIL, BOARD OF PUBLIC WORKS, ADMINISTRATION COMMITTEE, PERSONNEL COMMITTEE MAY BE ATTENDING THIS MEETING. (NO OFFICIAL ACTION OF ANY OF THOSE BODIES WILL BE TAKEN).