

Aquafeet Family Fun Race

Swim – Run – Swim



Come celebrate a day of fun and fitness
Sunday, June 10th at the Menasha Pool – Jefferson Park.

Kids (14 & under) 8:00 AM

40 yard swim (all water 4' or less)

1 mile run

40 yard swim (all water 4' or less)

All finishers will receive a medal

Adults (15 & older) 9:30 AM

400 yard swim

3 mile run

400 yard swim

No times recorded. No places awarded. Everyone who participates is a winner. Small wave starts. All proceeds will go toward advancing swim classes, fitness, lap swim, and associated Parks and Recreational programs.

Sponsors: Friends of Menasha Pool
Menasha Parks & Recreation
Fox Cities Triathlon Club
Fleet Feet Fox Valley
Healthy Menasha

Aquafeet Registration
Swim – Run – Swim
Sunday, June 10, 2012
Kids @ 8:00 AM Adults @ 9:30 AM



Name _____

Address _____

Phone # _____

Sex: M/F Birthday _____ Age _____

Fee: 14 and under \$15.00
15 and older \$20.00

Make Check payable to: City of
Menasha

Mail or drop off registration by Wednesday, June 6th to:

Aquafeet Registration
City of Menasha – Attn Park & Rec
140 Main Street
Menasha, WI 54952

You may register on June 10, starting at 6:45 am at the pool

I enter this event at my own risk and agree to hold the City of Menasha, all race sponsors, and all workers or volunteers associated with this event harmless for all liability, damage or personal injury I may sustain as a result of my participation in this event. If applicable, as parent or guardian, I have explained to my child, to the best of my ability, the risks associated with swimming, walking, or running this event, and all risks associated with participation of this event.

Participant Signature _____ Date _____

Parent or Guardian _____ Date _____
(If under 18)