

COST	Received on or before August 1	Received August 2 or after
5K/10K	\$20 (add \$2 for XXL shirt)	\$15 - no shirt
1/2-1/4 MILE	\$5	\$3 - no shirt

Registrations received on August 2, 2013, will not receive a t-shirt. Some shirts will be available for purchase on August 9 & 10.



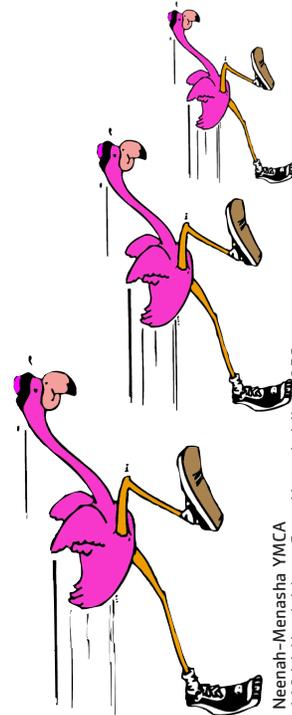
THANK YOU TO OUR SPONSORS



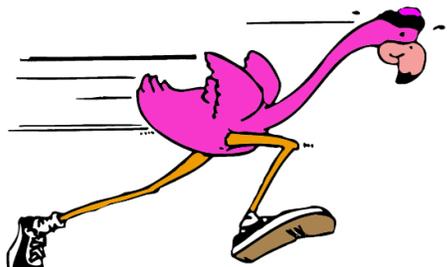
Orthopaedics & Sports Medicine

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City of Menasha
Parks and Recreation Department
140 Main Street
Menasha, WI 54952-3190
www.cityofmenasha-wi.gov



Neenah-Menasha YMCA
110 W. North Water St. • Neenah, WI 54956



OTTO GRUNSKI RUNSKI

5K-10K
saturday, august 10, 2013

KID'S RUNSKI

1/4 & 1/2 MILE



jefferson Park menasha

EVENTS CO-SPONSORED BY



saturday, august 10, 2013

OTTO GRUNSKI RUNSKI 10K/5K & KID'S RUNSKI 1/4 & 1/2 MILE REGISTRATION FORM

Make Checks payable to:

City of Menasha
140 Main St. • Menasha, WI 54956
Please Fill Out Separate Forms For Each Participant

Name: _____

Gender: M / F

Age on Race Day: _____

Date of Birth _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: () _____

Email Address: _____
(future Grunski information only)

Circle T-Shirt Selection - NEW! PERFORMANCE T'S FOR THOSE REGISTERED BY AUGUST 1.

Men's Fit Women's Fit

Adult: S M L XL XXL*

Youth M L (Non-performance tee)
(Some shirts will be for sale on August 9 & 10 for \$5.
* Add \$2 for XXL)

Circle Event: 5K 10K

Kids Run: _____ 1/4 mile (ages 6 & under) OR
_____ 1/2 mile (ages 7-12) Kids event not timed

Grunski Runski Ages: **5K:** 13 & Under 14-19
 20-29 30-39 40-49 50-59 60-69
 70-79 Wheelchair

10K: 14-19 20-29 30-39 40-49
 50-59 60-69 70-79 Wheelchair

Total Enclosed: \$ _____

WAIVER (Must be signed)

I enter this event at my own risk and agree to hold the City of Menasha, all race sponsors, and all workers or volunteers associated with this event harmless for all liability, damage or personal injury I may sustain out of my participation in this event. If applicable, as parent or guardian, I have explained to my child to the best of my ability, the risks associated with running or walking this event, and all risks associated with participation in this event.

Entrant's Signature _____
(Parent or Guardian's Signature if entrant is under the age of 18)

OTTO GRUNSKI RUNSKI 5K-10K

saturday, august 10, 2013

KID'S RUNSKI 1/4 & 1/2 MILE



START TIMES:

Wheelchairs	8:10 AM
10K Run/Walk	8:15 AM
5K Run/Walk	8:30 AM
1/4 mile & 1/2 mile races	10:15& 10:20 AM

KIDS RUNSKI

A kid's event to promote healthy activity. Courses will start and finish by the Jefferson Park Pavilion.

GRUNSKI RUNSKI

Separate start lines for 5K and 10K. Courses start by the pool and end in Jefferson Park. Relatively flat, fast course. Minimum of two water stations on the 10K course and one on the 5K.

10K /5K chip timed. Be sure to pick up your chip at registration if you want to be timed.

AWARDS

10K /5K runs: Plaques to 1st place in each division, medals to 2nd and 3rd.

Kids Runski: Ribbons and top 3 finishers in each event will be recognized.

Please attend Award Ceremony afterwards in the Pavilion approximately 10:00 AM for 5k/10K run and 10:30 AM for Kids Fun Run.

RACE RESULTS AVAILABLE
ONLINE AT:
www.cityofmenasha-wi.gov

REGISTRATION

By Mail: Please complete the attached entry form and enclose a check made payable to: City of Menasha.

Send entries to: City of Menasha
Parks & Recreation Department
140 Main Street
Menasha, WI 54952

ONLINE REGISTRATION



RACE DAY REGISTRATION

Saturday, August 10 at 6:30 AM
Jefferson Park Pavillion • Menasha

EARLY RACE PACKET PICK-UP

Friday, August 9
11:00 AM-6:00 PM
Jefferson Park Pavilion
915 Third Street • Menasha

To avoid waiting in line on race day, pre-registration is highly recommended.

OFFICIAL ENTRY AND DETAILED
RACE COURSE MAP AVAILABLE
ONLINE AT:
www.cityofmenasha-wi.gov

