



City of Menasha Parks and Recreation 2010 Fall Activity Guide

How to Register: On-line registration available with Active.com. Programs with the ☞ symbol are available for on-line registration. See the City's website for a link to this site. Registration forms and payment may be dropped off at the MPRD office anytime after the brochure is mailed. Menasha residents can register and will be enrolled three days **before** any non-residents are registered. Late registration accepted if openings exist. City of Menasha families in financial need may apply for a maximum program discount.

Read Before Registering:

- Walk-in registration is not accepted, forms must be mailed in or dropped off at the MPRD office—2nd floor, City Hall, 140 Main Street, between 8:00 a.m.-4:00 p.m.
- When dropping off a form and payment, please put check and form in an envelope and deposit it in the box on front counter.
- Make sure registration form is **completely** and **accurately** filled out, inaccurate information may delay your registration.
- Checks should be made payable to: **City of Menasha** and mailed to Parks and Recreation Department, 140 Main Street, Menasha, WI 54952. **Confirmation will be mailed.**
- The MPRD reserves the right to cancel or make last minute program changes due to insufficient registration.

Recreation Program Fee Reciprocity:

The City of Menasha has separate recreation program fee reciprocity with the cities of Appleton and Neenah and the Town of Menasha. The City and Town of Menasha jointly publicize some of each others programs. This means that city residents may sign up for programs and receive services in these communities at their resident rates. This is a fee only agreement. Each city/town may establish a separate registration period or policies for its own residents. Your residency may be verified on-site by using current tax roll information. Contact Appleton (739-9005), Neenah (886-6060) or the Town of Menasha (720-7108) for further program information.

Session I: Register now until programs begin
 Session II: You may choose to sign-up for Session II at any time prior to December 31.
 Office Hours: 8:00 a.m.-4:00 p.m., Monday through Friday
 Telephone: 967-3640
Website: www.cityofmenasha-wi.gov
Program Cancellation Line: 967-3657

Recreation Program Registration Form

*Please print—one family per form!

*Address envelope to: Menasha Parks & Recreation Dept.
140 Main Street, Menasha, WI 54952

Parent First Name: _____ Last Name: _____
 Address: _____
 City: _____ State: _____ Zip Code: _____
 Telephone #1: _____ Telephone #2: _____
 Best time and phone number you can be reached at: _____
 City of Menasha resident? **Yes No** If no, residency location: _____
 Parent Signature: _____ E-mail Address: _____

First & Last Name(s)	Birthdate	Sex	Activity Name & Time	Fee	1st Choice Activity #	2nd Choice Activity #

Children's Activities

Flag Football

A structured, team oriented program which teaches boys and girls the fundamentals of football. Each day consists of a practice and a game. The first Saturday is player evaluation. T-shirts provided to all participants. Rosters mailed out after player evaluation. Tournament held on October 23. **Register by Sept. 9 or attend the Player Evaluation on Sept. 11.**

Day/Date: Saturday's Sept. 11 to Oct. 23

Location: Clovis (2 fields used)

Time: 8:30-10:00 a.m.

Grade: 4-6 (7th grade with department permission)

Activity #: 8000.201

Fee: \$18/R \$27/NR



Punt, Pass & Kick Contest

Sponsored by the Knights of Columbus

September 11 at Clovis Grove Park, 11:00 AM

Boys & Girls, Ages 8-13

Forms Distributed in Schools

Registration begins at 10:00 a.m. day of event

Call 850-1588 for more information



Tiny Tots

A popular program consisting of games, music, story time and arts/crafts. Only one class per child. Max. class size of 20. For ages 3.5 to 5 (child must be 3 by April 1 for Session I and by August 1 for Session II and **toilet trained**). Providing false birthdate information may lead to a child's removal from class.



Session I:	Days	Times	Dates	Activity #
	M/W	9:00-11:00 a.m.	Sept. 13-Dec. 1 (exc. 11/24)	8001.201
	T/TH	10:00 a.m.-12-Noon	Sept. 14-Dec. 2 (exc. 11/25)	8001.203

Session II:	Days	Times	Dates	Activity #
	M/W	9:00-11:00 a.m.	Jan. 10-March 30	8100.201
	T/TH	10:00 a.m.-12-Noon	Jan. 11-March 31	8100.203

Location: Memorial Building, 640 Keyes Street

Fees: Session I or II: \$65/R \$120/NR
Both Sessions: \$130/R \$240/NR

Bodies in Motion—NEW

Tumbling & Acrobatics Program
(great class to combine with Thursday's Jazz/Funk Dance)

Fun through movement is the foundation of this program. A blend of tumbling, gymnastics and acrobatics that teach kids to move, manipulate, control and strengthen their bodies by participating in creative activities and games. Older kids build skills for future sports like dance, cheer and other fitness endeavors. Routine performance scheduled at the end of each session. Suggested ages listed below, minimum age is 3. Class taught by Romi Brown, an experienced Phy. Ed. Instructor. Max. class size: 15 **No class 3/22/2011.**

Day: Tuesdays

Dates: Session I Sept. 21-Nov. 30 Session II Jan. 4-March 29

	Ages	Times	Session I Activity #	Session II Activity #
Tiny Tumblers	3-4	5:00-5:45 p.m.	8300.201	8301.201
Tumbling Tigers	5-6	5:50-6:35 p.m.	8300.202	8301.202
Tumbling Twisters	7 & Up	6:40-7:25 p.m.	8300.203	8301.203
Tumbling Tornadoes	7 & Up	7:30-8:15 p.m.	8300.204	8301.204

Location: Memorial Building, 640 Keyes Street

Fees: Session I or II \$24/R \$30/NR
Both Sessions \$48/R \$60/NR

Tiny Tumblers: program of themes, games, music and movement that foster confidence. **Tumbling Tigers:** similar to Tiny Tumblers with skills for kindergartner aged students. **Tumbling Twisters:** beginner for kids with little or no experience in gymnastics or tumbling, students will learn fundamentals. **Tumbling Tornadoes:** Same format as Tumbling Twisters but for kids with at least intermediate or some prior gymnastics or tumbling experience. Student should be able to perform a cartwheel, backbend (bridge) and be comfortable attempting handstands and forward and straddle splits.

More Recreation Opportunities

Jazz/Funk Dance

A fun and fast-paced dance program with routines set to today's music. Kids should come in loose fitting clothing and dry tennis shoes. Program overseen by Romi Brown and taught by members of the MHS cheer and dance team performers. Routine performance scheduled at the end of each session. Max. class size: 15. Great class to combine with Tuesday Bodies in Motion program. **No class 11/25/2010 or 3/24/2011.**

Day: Thursdays

Session I	Ages	Times	Dates	Activity #
	4-6	6:45-7:25 p.m.	Sept. 23-Dec. 9	8200.203
	7 & Up	7:30-8:10 p.m.	Sept. 23-Dec. 9	8200.204
Session II:	Ages	Times	Dates	Activity #
	4-6	6:45-7:25 p.m.	Jan. 6-March 31	8201.203
	7 & Up	7:30-8:10 p.m.	Jan. 6-March 31	8201.204

Location: Memorial Building, 640 Keyes Street

Fees: Session I or II \$24/R \$30/NR
Both Sessions \$48/R \$60/NR

Great Pumpkin Hunt

Come have a ghoulishly good time! Areas near the park shelter will be sectioned off for three age groups and will be converted into a pumpkin patch. Kids search for small shiny pumpkin coins and trade them in for candy and other special prizes at the park shelter. Kids should bring a flashlight and are encouraged to dress in costume. **Pre-registration is not required for this event.**

Date: Monday, October 25 (rain or shine)

Location: Clovis Grove Park

Fee: Free

Ages/Times:	Group 1:	Group 2:	Group 3:
	4 & under	5-7	8 & up
	6:00 p.m.	6:15 p.m.	6:30 p.m.



UW Fox Little Dribblers Basketball

Program offered in cooperation with the Town of Menasha Parks and Recreation Department. Questions can be directed to their office at 720-7108.

Is your child excited about basketball? This clinic will build a great foundation of skills. This clinic is a unique opportunity designed to combine skills, teamwork, and FUN! UW-Fox Men's Basketball Coach Lee Rabas and staff will cover dribbling, footwork, shooting and passing. **Registration deadline: 11/5/2010.**

Date: Saturdays, 4 Weeks
November 13 & 20 and December 4 & 11

Age	Time	Activity #
4-5	10:00-10:45 a.m.	9500.101
6-7	11:00-11:45 a.m.	9500.102

Fee: \$18

Location: UW Fox Valley Field House (1478 Midway Road)

Open Gym

Location: MHS Fieldhouse

Dates: Wednesdays, Nov. 3-March 2
(except 11/24/2010, 12/22/2010 and 12/29/2010)

Gym: 6:30-9:30 p.m. (subject to change)

Fee: \$1.00 per night, collected by supervisor

Holiday Hayride

Take a ride through the beautifully decorated streets of the Menasha Island! Visit with Mr. and Mrs. Claus, view the reindeer and sample the hot beverages and cookies!

Date: Friday, December 3

Times: Ten rides will depart the Memorial Building (640 Keyes Street) every 25 minutes beginning at 5:00 p.m., with the last trip leaving at 8:45 p.m.

Register: 54 Tickets for each time slot will go on sale at the MPRD office on November 1 through December 2. Any remaining trip tickets will be sold at the Memorial Building on December 3 starting at 5:00 PM. Latecomers cannot be guaranteed a ride.

Fees: Cost is \$1 per ticket, **age two and under free and no ticket is required.**

Adult Activities



Slimnastics

A floor exercise program set to music, suitable for older adults. Sandee Scovronski will be the instructor. One complimentary pass per registrant. **No class 11/25/2010.**

Day: Tuesday & Thursday
Time: 8:30-9:30 a.m.
Location: Memorial Building (640 Keyes Street)

	<u>Dates:</u>	<u>Account#</u>
Session I	Sept. 14 to Dec. 2	8704.201
Session II	Jan. 11 to March 31	8705.201

Fees: Per class: \$2/R, \$3/NR, collected by instructor

Session I:	\$20/R	\$40/NR
Session II:	\$20/R	\$40/NR
Both Sessions:	\$40/R	\$80/NR



Feel 'n Fit

A general fitness and toning class with some strength and aerobics work mixed in for good measure! Soft floor available at Jefferson School. Leah Lutz will be the instructor. One complimentary pass given to each registrant. Some class dates will be changed and re-scheduled due to school functions. Participants should bring 3-5 lb. hand weights and mats to class. **No class 3/23/2011.**

Day: Monday & Wednesday
Time: 6:30-7:30 p.m.
Location: Jefferson Elementary School Gym (east door)

	<u>Dates</u>	<u>Account #</u>
Session I:	Sept. 20 to Dec. 8	8702.201
Session II:	Jan. 3 to March 30	8703.201

Fees: Per class: \$2/R, \$3/NR, collected by instructor

Session I:	\$20/R	\$40/NR
Session II:	\$20/R	\$40/NR



Mindfulness Yoga-Saturdays NEW

(try out this great new class free the first two weeks of Session I and II!)

Treat yourself to the heartfelt benefits of yoga. Combines yoga postures and breathing techniques that will increase your mind-body awareness. Early morning class will compliment any adult fitness program. Taught by Nicole Good-Hagey. A yoga mat is required for class. **No Class 11/27/2010 or 4/23/2011**

Class Max: 15

Day: Saturday
Time: 7:15-8:30 a.m.
Location: Memorial Building (640 Keyes Street)

	<u>Dates</u>	<u>Account #</u>
Session I:	Sept. 18 to Dec. 4	8700.201
Session II:	Jan. 8 to March 19	8700.202
Session III:	April 2 to May 21	8700.203

Fees: Session I : \$45/R \$54/NR
 Session II: \$45/R \$54/NR
 Session III: \$30/R \$36/NR

Yoga punch card - 5 classes for \$28.00

FREE!!!

One complimentary pass for anyone interested in trying out the Slimnastics, Feel 'n Fit or Mindfulness Yoga class. Card must be picked up at the Park and Recreation office. Limit one card per person.

Men's Basketball

One Division B league will be offered on Thursday evenings. Games played at Butte des Morts School located on Tayco Street. Games are expected to start on November 4 and run through the end of February. Limited number of teams accepted.

Times: Games begin at 6:45, 7:45 or 8:45 p.m.

Fees: Sponsor Fee: \$185-Due at time of registration with complete 8 player minimum roster
 Player Fee: \$245 (includes all resident and non-resident player fees) Due no later than October 15

Register:

- Teams with more than 50% Menasha Residents: Sept. 20 to Sept. 21
- Returning Teams: Sept. 22 to Sept. 24
- Any team (if space available): Sept. 27 until Oct. 8
- Team registration forms available starting August 23, forms mailed to previous years teams

Summer Recreation Jobs!
 Variety of positions available,
 apply by February 1, 2011.

**Look for your Winter/Spring
 Activity Guide to be
 mailed in November!**