

PROTOCOL FOR NOSE BLEEDS
(Children with No Known health Condition)

1. Adult applies pressure by holding nostrils tightly for 5 minutes, continuously.
2. Repeat 4 times if needed.
3. If nose bleed persists for 20 minutes, notify parent.
4. If nose bleed continues for another 20 minutes or longer, child needs to be seen by MD. Call parent again to update on condition and request child be seen by MD.
5. If unable to reach parent, or emergency contact, and nose bleed has persisted for more than 60 minutes, call 9-911.

Child's Name / School

Parent's Signature / Date

Principal's Signature / Date