



**PROTOCOL FOR NOSE BLEEDS  
(Children with No Known health Condition)**

\_\_\_\_\_  
Child's Name / School

1. Adult applies pressure by holding nostrils tightly for 5 minutes, continuously.
2. Repeat 4 times if needed.
3. If nose bleed persists for 20 minutes, notify parent.
4. If nose bleed continues for another 20 minutes or longer, child needs to be seen by MD. Call parent again to update on condition and request child be seen by MD.
5. If unable to reach parent, or emergency contact, and nose bleed has persisted for more than 60 minutes, call 911.

\_\_\_\_\_  
Parent's name and phone number

\_\_\_\_\_  
Emergency contact and phone number

\_\_\_\_\_  
Parent's Signature / Date

\_\_\_\_\_  
Principal's Signature / Date

**By signing this form, authorization is hereby granted to release this information to appropriate school or bus personnel and classroom teachers as needed**

MHD 3/14