



**PROCEDURE FOR CHILD WITH FOOD ALLERGIES  
NON-LIFE THREATENING REACTION**

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Child's Name / School / Specific Food Allergy

When a child with a food allergy is suspected of ingesting that specific food item:

- 1) Monitor the child for signs of respiratory distress.\*
- 2) Give Benadryl if available for child.
- 3) Notify parent. If unable to reach parent, notify emergency contact.
- 4) If signs of respiratory distress occur, give EpiPen if available.
- 5) Call 911.

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Parent's Phone Number

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Emergency Contact's Phone Number

\*Signs of respiratory distress: Coughing/Wheezing, Throat tightness, Swelling of the lips, tongue, mouth, Shortness of breath, Blue lips.

I understand the above procedure will be followed in the event my child ingests the known food allergen.

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Parent's Signature

/ Date

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School Administrator's Signature

/ Date

MHD 6-12