

# WELL Menasha!

WELL Menasha! is a team of employees committed to promote a healthy lifestyle through education, example, and encouragement towards all City of Menasha employees.

The goals of WELL Menasha! are:

- Advocating worksite policies and environments that support improved health
- Reduce Health care cost by improving overall health
- Improve the quality of life through wellness programs
- Provide current and accurate information on personal health issues
- Promote and educate employees use of EAP programs