

RESOLUTION R-8-16

RESOLUTION ON WEIGHT OF THE FOX VALLEY (WOTVF)

Introduced by Ald. Krautkramer

Whereas, the WOTFV serves the (Calumet, Outagamie, Winnebago) tri-county region with a vision of communities that together achieve and maintain a healthy weight at every age; and

Whereas, obesity is a medical term in which excess body fat has accumulated to the extent that it may have a negative effect on health, leading to reduced life expectancy and/or increased health problems; and

Whereas, obesity-related conditions include heart disease, stroke, diabetes, high blood pressure, sleep apnea, liver disease, lung disease, arthritis, gout, certain types of cancer and also can impact mental health; and

Whereas, the rate of Wisconsin residents who are obese has more than doubled in the last 24 years; and

Whereas, over half of Fox Valley residents are overweight or obese; and

Whereas, the economic cost of obesity in Wisconsin is estimated to be \$3.1 billion per year and going up; and

Whereas, physical activity can improve health by lowering the risk for diseases associated with obesity. Physical activity can help with weight control, and improve academic achievement in students; and

Whereas, access to walking and biking trails has increasingly become a daily mode of transportation and has shown to increase physical activity; and

Whereas, The East Central Wisconsin Regional Planning Commission Bicycle and Pedestrian Plan seeks to increase physical activity and enhance safe and convenient walk and bike routes to destinations via well interconnected multimodal transportation network.

Now therefore be it resolved that as community leaders in the City of Menasha we are committed to helping promote healthy lifestyles by:

1. **Promoting awareness of** the efforts of Weight of the Fox Valley.
2. **Promoting** "[Your Place on the Water](#)", featuring our scenic parks, accessible bike/pedestrian trails and waterfront activities.
3. **Promoting** the many healthy lifestyles events offered in the community.
4. **Being aware** as we plan for new parks, subdivisions and commercial development for opportunities to create trails and bike and pedestrian linkages that will help our residents walk or bike to their destination as opposed to driving.
5. **Promoting awareness of** the policy and program recommendations found in the Appleton (Fox Cities) Transportation Management Area and Oshkosh Metropolitan Planning Organization Bicycle and Pedestrian Plan prepared with support from the East Central Wisconsin Regional Planning Commission.

Passed and approved this day of , 2016

Donald Merkes, Mayor

ATTEST:

Deborah A. Galeazzi, Clerk