



Menasha Senior Center and Neenah-Menasha YMCA Program Options for Active Older Adults

Seniors living in the City of Menasha, City of Neenah or Winnebago County may choose from one of the following programs below....

Donation Program

Program includes card/cribbage playing, computer usage, puzzles, games, T.V., relax and read, blood pressure screenings, outside service events, resource center, "Y" Nots chorus, clubs, Wii, shuffleboard, wireless internet and fellowship with friends. An extra fee may be charged for luncheons, VNA Foot Care program, Advocap meals, 60+ Health program, special events, leagues, trips, exercise classes, club fees, newsletter, workshops, parties, picnics and themed events. Donation boxes are located at each site.

Senior Program Pass

Programs are offered at the Neenah-Menasha YMCA and the Menasha Senior Center. Donation Program activities include land/group and water exercise classes, use of fitness equipment, pools, racquetball courts, gymnasiums, walking/jogging running track, and fitness assessments. An extra fee may be charged for luncheons, VNA Foot Care program, Advocap meals, 60+ Health program, special events, leagues, trips, exercise classes, club fees, newsletter, workshops, parties, picnics and themed events. Senior Program Pass is \$14.90 a month for ages 60+.

YMCA or Insurance-Based Memberships

Program includes Donation Program activities, Senior Program Pass activities and also usage of the YMCA of the Fox Cities. An extra fee may be charged for luncheons, VNA Foot Care program, Advocap meals, 60+ Health program, special events, leagues, trips, exercise classes, club fees, newsletter, workshops, parties, picnics and themed events. Membership information available at each site.

For more information, please contact Jean Wollerman at 886.2156 or jwollerman@ymcafoxcities.org.



YMCA of the Fox Cities Mission: To put Christian principles into practice by promoting youth, adult and family activities that build a healthy spirit, mind and body for all.



Menasha Senior Center Mission: To enhance the quality of life of older adults by providing educational, recreational, social and wellness programs and to meet these needs as requested by the community.

Menasha aldermen occasionally attend meetings of this body. It is possible that a quorum of Common Council, Board of Public Works, Administration Committee, Personnel Committee may be attending this meeting. (No official action of any of those bodies will be taken).

CITY OF MENASHA COMMITTEE ON AGING
Special Meeting
April 28, 2010
MINUTES

- A. Meeting called to order at 1:35 PM by Vice-Chairman S. Steffens.
- B. Present: Jean Wollerman, Bob Jankowski, Lee Murphy, Mary Lueke, Sue Steffens, Sue Nett. Sylvia Bull arrived at 1:45 PM.
Excused: Joyce Klundt, Roy Rogers
- C. MINUTES TO APPROVE
1. Motion to approve minutes from March 11, 2010 meeting made by B. Jankowski, and seconded by L. Murphy. Motion carried.
- D. ACTION ITEM/DISCUSSION
1. Senior Center Supervisor Position—S. Nett explained the purpose of this meeting was to provide information on options for replacing the senior center supervisor and obtain a recommendation from the committee to forward onto the common council. The first option would be to replace the current supervisor. S. Nett met with the Mayor and City Attorney/Personnel Director to update and revise the current job description to include a minimum bachelors degree requirement in a related field and update job duties to include grant writing and marketing. The timeline was set so that the replacement would be hired and work with the current supervisor for one week before the retirement date. A second option would be to form a collaborative effort with the N-M YMCA. Under this option, the YMCA would provide the staffing of the center and pay for program supplies with income generated from program registrations, fees, etc. The City would pay for the expenses associated with the building. The YMCA is currently working on a proposal so the exact costs are not known at this time. The county has been contacted regarding the grant funding and there is not an issue with the funding i.e. the county would be supportive of a collaborative effort and the grant funding would remain. L. Murphy questioned if the Committee on Aging would remain. S. Nett explained yes that committee would remain and so would the planning committee. B. Jankowski questioned how the program fees would be structured. J. Wollerman discussed the possibility of three different program levels: donation, senior program pass, and YMCA or Insurance-Based memberships. J. Wollerman explained how this collaborative effort could enhance opportunities available for senior citizens and the Y's capability to do marketing of the center. L. Murphy questioned if the accreditation that the center just achieved would be affected by this collaboration. S. Nett didn't believe this would have any effect on accreditation. Committee members felt this could be a positive move for the center and be a pilot for other centers around the state. Motion to recommend to the common council to further pursue collaboration efforts between the Senior Center and the N-M YMCA made by B. Jankowski and seconded by L. Murphy. No further discussion. Motion carried.
- E. Motion to adjourn at 2:27 PM made by L. Murphy and seconded by B. Jankowski. Motion carried. Submitted by S. Nett.

"Menasha is committed to its diverse population. Our Non-English speaking population and those with disabilities are invited to contact the Menasha Senior Center at 967-3530 24-hours in advance of the meeting for the City to arrange special accommodations."

DRAFT